Grayson - 50 Mile

Updated 8/5/20

Aid Stations and Distances					
Landmark	AS # Distance From Last AS Distan				
Start			0.0		
Scales	1	9.5	9.5		
Fox Creek	2	5.0	14.5		
Fox Creek	3	11.5	26.0		
Scales	4	6.0	32.0		
Camp Store	5	6.0	38.0		
Rock House Ridge	6	5.5	43.5		
Visitor Center		2.0	45.5		
Finish		1.6	47.1		

Support		Timing		
Aid	Drop Bags	Crew Acces s	Cutoff Time Of Day Elap	
			Last Wave Starts 5:30 AM	
Lite	No	No	8:30 AM	3:00
Full	Yes	No	10:00 AM	4:30
Full	Yes	No	1:30 PM	8:00
Lite	No	No	3:20 PM	9:50
Full	Yes	No	5:15 PM	11:50
Lite	No	No	6:50 PM	13:25
None	No	No	7:30 PM	14:00
			8:00 PM Cut Off	14.5

Timing	J	Aid Station - Hours of Operation			
off Time Of Day	Hours Elapsed	AS#	Open	Close	
ast Wave ts 5:30 AM				Wait for Sweeps	
3:30 AM	3:00	1	5:30 AM		
0:00 AM	4:30	2	6:00 AM		
1:30 PM	8:00	3		2:00 PM	
3:20 PM	9:50	4		3:50 PM	
5:15 PM	11:50	5	8:00 AM	5:45 PM	
6:50 PM	13:25	6	10:00 AM	7:20 PM	
7:30 PM	14:00				
PM Cut Off	14.5		9:00 AM		

^{**}Lite aid - regular AS fare / Full aid - hot food choices added

Grayson - 50k

Updated 8/11/20

Aid Station	ns and E	Distances		Support		Timing		Aid Station - Hours of Operation			
Landmark	AS#	Distance From Last AS	Total Distance	Aid	Drop Bags	Crew Acces s	Cutoff Time Of Day	Hours Elapsed	AS#	Open	Close
Start			0.0				Last Wave Starts 8:00 AM				Wait for Sweeps
Scales	1	9.5	9.5	Lite	No	No	11:45 AM	3:45	1	7:30 AM	
Scales	2	3.5	13.0	Lite	No	No	1:00 PM	5:00	2		1:30 PM
Camp Store	3	6.0	19.0	Full	Yes	No	3:50 PM	7:50	3	8:30 AM	4:20 PM
Rock House Ridge	4	5.4	24.4	Lite	No	No	5:50 PM	9:50	4	9:30 AM	6:20 PM
Visitor Center		2.0	26.4	None	No	No	6:20 PM	10:20			
Finish		1.6	28.0				7:00 PM Cut Off	11:00		9:00 AM	

^{**}Lite aid - regular AS fare / Full aid - hot food choices added

Grayson - Half Marathon

Updated 8/5/20

Aid Stations and Distances				
Landmark	AS#	Distance From Last AS	Total Distance	
Start/Finish			0.0	
Camp Store		8.0	8.0	
Visitor Center		1.5	9.5	
Finish		4.0	11.4	

Support				
Aid	Drop Bags	Crew Acces s		
None	No	No		
None	No	No		

Timing			
Cutoff Time Of Day	Hours Elapsed		
Last Wave Starts 8:30 AM			
12:15 PM	3:45		
12:45 PM	4:15		
1:30 PM Cut Off	5:00		

Aid Station - Hours of Operation			
AS#	Open Close		
	N/A	N/A	
	N/A	N/A	